


**Beauty Shop Open Every Wednesday!**

**Senior Center Activities Calendar for AUGUST**

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	9a Current Events/Short Story Discussion 9:30a Exercise 10a Norma Keller 11a Willow Manor Bingo 12p Devotions & Lunch 1p Swimming @ Y 1p Short Story 2p ADS Snack	9a Current Events-9:30a Beginning Yoga for Balance 10a Handbells 11a Mayor Yochum Bingo 12p Devotions & Lunch 1p Group Exercise-Let Go 1p Coloring Contest-1st, 2nd, 3rd Place	9a Current Events-Newspaper 10a Pastor Sloan 11a Arby's Bingo 12p Devotions & Lunch 1p Shopping @ Wal-Mart 1p Craft: Letter Wall Hanging 1p Dog Days of Summer Picture 2p ADS Snack	9a Current Events 9:30a Exercise 10a National Chocolate Chip Cookie Day 11a Card Sharks 12p Devotions & Lunch 1p Popcorn & a Movie: Bridges of Madison County 1p Bowling @ V.U.
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
9a Current Events/Frogger's Crochet 9:30a Exercise 10a Craft: National Light-house Day 11a Lodge of the Wabash Bingo 12p Devotions & Lunch 1p Swimming @ Y 1p Art Project	9a Current Events/Short Story 10a GSH In-Service 11a Bridgetpointe Bingo 12p Devotions & Lunch 1p Music Therapy 1p Puzzles 2p ADS Snack	9a Current Events 9:30a Beginning Yoga for Balance 10a Handbells 11a State Farm Bingo 12p Devotions & Lunch 1p Community Outreach-Pet Food Drive	9a Current Events/Announcements 10a Trip to Evansville/Visit War Ship & Out to Eat at Crazy Buffet 11a Banana Bingo 12p Devotions & Lunch 1p Shopping @ Save-A-Lot 1p Picture Puzzles	9a Current Events/Newspaper 9:30a Discussion/Reminisce 10a Exercise 11a Lincare Bingo 12p Devotions & Lunch 1p Bowling @ V.U. 1p Drums Alive 2p ADS Snack
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
9a Current Events/Frogger's Crochet 9:30a Exercise 10a Watercolor Landscape 11a Clearview Bingo 12p Devotions & Lunch 1p Swimming @ Y	9a Current Events/Poetry Corner 10a Hymns with Paul 11a Avon Bingo 12p Devotions & Lunch 1p Cherry Tree Art 1p Discussion/Summer Vacations 2p ADS Snack	9a Current Events/World News 9:30a Exercise/ROM 10 Karaoke w/Bob & Carlene 12p Devotions & Lunch 1p Lodge of Wabash Nails 1p Short Story 2p ADS Snack	9a Current Events/Announcements 10a Pastor Sloan 11a White Elephant Bingo 12p Devotions & Lunch 1p Shopping @ JayC's 1p Lemonade on the Porch/Music 1p St. Vincent	9a Current Events/Exercise 10a End of Summer Picnic, Prides Creek Swimming and Fishing \$2 fee for Fishing 11 Dis-N-Dat Bingo 12p Devotions & Lunch 1p Drums Alive 1p Play Dough Therapy
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
9a Current Events/Frogger's Crochet 9:30a Exercise: Cardio 10a Let's Make a Bracelet 11a Sharon Speth Bingo 12p Devotions & Lunch 1p Outside Tic-Tac-Toe 1p Swimming @ Y	9a Current Events 10a Dollie Art 11a State Farm Bingo 12p Devotions & Lunch 1p Knox County Extension Cooking Class 1p Poker 4 Fun 2p ADS Snack	9a Current Events 9:30a Exercise/ROM 10a Handbells 11a Gentlecare Bingo 12p Devotions & Lunch 1p Hand Massages 1p Watercolor Painting 2p ADS Snack	9a Current Events/Newspaper 10a Pastor Sloan 11a VanGo Bingo & <b>BIRTHDAY BASH!</b>  12p Devotions & Lunch 1p Shopping @ Wal-mart 1p Mini-Pedi 1p Color by Number	9a Current Events 9:30a Exercise 10a Play Hangman 11a Hucks Bingo 12p Devotions & Lunch 1p Movie & Popcorn: The Mummy 1p Dilly Bar Friday \$1.75 1p Bowling @ V.U.
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
9a Current Events/Announcements 9a Frogger's Crochet 9:30a Exercise 10a Luau-Dress in Hawaiian Attire 11a Staff Bingo 1p Swimming @ Y 1p Let's Do Hair	9a Current Events/Newspaper 10a Trivia 11a Card Sharks 12p Devotions & Lunch 1p Let's Go Get Shaved Ice 1p Outside Games 2p ADS Snack	9a Current Events 9:30a Exercise/ROM 10a Handbells 11a Cook Book Bingo 12p Devotions & Lunch 1p Let's Roast Marshmallows 1p Reminisce about Camping Trips	9a Current Events/Announcements 10a Pastor Sloan 11a Jewelry Bingo 12p Devotions & Lunch 1p Labor Day Puzzle 1p Cooking Class	

Please reserve your meal at least 24 hours in advance by calling (812)882-2285 or by signing the lunch list at our front desk.

The YMCA Bettye J. McCormick Senior Center patronizes registered disadvantaged businesses. Bids for materials and services are welcome. Please send catalogs, flyers and advertisements to: 209 Prospect Ave, Vincennes IN 47591. Equal Opportunity Employer

**ONE DAY MOTOR-COACH TRIP**  
**Newport Aquarium**

- Newport Kentucky
- Lunch at Sharkey's Café (on your own)
- Cost \$98 per person



**August 17, 2017**

The motor-coach will pick up travelers in Washington and Vincennes.

*For more information or reservations, contact Executive Travel in Vincennes at 812-882-4555 or Hoosier Travel in Washington at 812-254-4000.*