Kids Triathlon

YMCA of Vincennes • Good Samaritan Hospital • Vincennes Park & Recreation

Suggested Ages & Categories:

Iron (Ages 10-15):

- Start time: 8AM; Check-in: 7AM
- 150m swim, ≈4 mile bike (6 laps), 1 mile run (2 laps)

Sprint (Ages 9-12):

- Start time: 9AM; Check-in: 8AM
- 50m swim, ≈2 mile bike (3 laps), 1/2 mile run (1 lap)

Family (Ages 3-8):

- Start time: 10AM; Check-in: 9AM
- 25m swim, 1/2 mile bike, 1/4 mile run
- Parent/guardian participation required

Fees:

- $20 per child
- $15 each additional sibling

FINANCIAL ASSISTANCE AVAILABLE

ENTRY FEES WILL NOT BE REFUNDED IN THE EVENT OF CANCELLATION.

Saturday, July 20, 2019
Gregg Park

Orientation:

Saturday, July 13 at 9AM
Rainbow Beach, Gregg Park

To Register:

- Stop by the Y, or mail form and payment to: YMCA, 2010 College Ave, Vincennes, IN 47591
- Online: www.vincennesymca.org
- **Deadline: Saturday, July 13**

Questions? Contact:

Bill Davis at 812 895 9622 ext. 22 or bdavis@vincennesymca.org

the YMCA
YMCA OF VINCENNES

Good Samaritan

VPRD Vincennes Park & Rec Department "Spend Your Day With Us"

Waiver, In consideration of my participation and/or my child(ren's) participation in the activities of the YMCA OF VINCENNES, do hereby agree to hold free from any and all liability the YMCA OF VINCENNES, all parties involved in the event, Board Members, representing officers, employees, volunteers and members and do hereby for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages or injuries which I may have or which may hereafter accrue to me arising out of or connected with me participating in any of the activities of the YMCA OF VINCENNES I hereby do declare myself or my child to be physically sound to participate in the activities at the YMCA. Pictures taken during activities at the YMCA OF VINCENNES may be used for marketing purposes. I understand this specific release may be revoked at any time by written request. To the best of my knowledge, the information on this form is complete and accurate. I have read and agree to these terms and conditions.

Name

Address

T-shirt Size: YS YM YL
AS AM AL

Sex Birth date (MM/DD/YY)

Phone

E-mail

Division

Age on Race Day

Signature Date

Signature of parent or guardian. Date

Emergency Contact Phone